

Contents:

2 x Second Skin Strips (SS) 9 x 35 cm
2 x Second Skin Squares (SSS) 10 x 10 cm
1 x Hydrofiber Strip (HS) 4 x 30 cm

5 x Gauze Swabs (GS)
1 x Secure Wrap (SW) 15 cm x 50 m
1 x Scissors (SS)

Instructions Using the kit should be very easy just stick to the steps described below

1 Assess the damage!

Use common sense to assess if you need medical attention!
For some pointers go to www.watertrixx.com

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2 Clean the wound

1. Rinse the wound with clean (bottled) water
2. Make sure there are no particles left in the wound
3. Clean the wound edges with the GS
4. Shave off hair around the wound for best results

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Choose the right product

1. Superficial wound = SS only
deep/ infected wound = HS + SS
2. Choose the right size product
3. Remove sterile packaging



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Cut Second Skin to size

Make sure you have at least **3 cm** extra all around the wound for adhesion.



3

Cut Hydrofiber Strip to size

1. Strips should always overlap each other by **1 cm**
2. Make sure you have **1 cm** overlap all around the wound



FixX it

1. Make sure the skin is dry, clean and fat free!
2. Apply HS (see step 3)
3. Remove release paper from the SS
4. Roll SS over the wound, don't stretch it
5. Press down with your hands for **30 sec** for a good seal with no gaps or leaks

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5 GO HAVE FUN

Your wound is fixed

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6 Removal or change

- When to remove SS?
1. If it comes off completely
 2. If it is fully absorbed, SS will change colour where it absorbs moist. If the changed colour comes very close to the borders, remove it.
 3. After **7 days**

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How to remove?

Peel gently from **1** corner. Support skin while peeling off.

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SS and HS will be gelled and will not stick to the wound.

Change?

If your skin looks healed, you are done. If you still have a wound, start with **step 1** again.

Tip: Don't touch the adhesive side of the SS too much! Your fingers might be dirty, wet or greasy and then it **will not** stick to the skin.

Tip: You **DO NOT** have to remove SS unless needed. Leave it for as long as possible up to **7 days**. You can shower, have fun and everything you usually do while your wound heals!



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For Optimal Results:

Use SW for extra protection. Ensure the SS stays in place while you are in the water by covering it totally with SW.



User tip:

Use a sock over the SW for additional protection of the SS during more extreme riding. Make sure to take the sock and SW off after!

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